



Penelope is an internationally experienced leadership coach and consultant. Penelope draws her expertise, experience and energy from working in sustainable development and leadership development in New Zealand, United Kingdom and Italy. For the last 19 years she has been helping individuals, teams and organizations from multiple industry sectors enhance their performance through coaching and facilitation.

She was Senior Programme Director with international leadership organization Common Purpose, and a consultant with Performance Consultancy Lane4 Management Group Ltd, in the United Kingdom. Since 2009 she has been in Rome as a freelancer under Quintessenza Consulting and has become an associate of Impact International.

Penelope's diverse consultancy experience has focused on leadership development and creating a high performance culture. As delivering on client and programme objectives is central to Penelope's approach, her consulting experience also includes programme evaluation and delivery of feedback from 360 questionnaires and other diagnostic offerings.

Her broad sector range experience includes the Professional Services, Financial Services, Information Technology, Engineering, Project Management, Energy, Manufacturing, Retail, Pharmaceutical, Life Sciences, Healthcare, Leisure, Government and Not-for-Profit organisations. Various clients include UN FAO, Ericsson, Oracle, Pfizer, Coca-Cola Enterprises, Centrica Energy, GE and UK NHS Trusts.

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Interested in supporting her practice with academic rigour, she holds a Masters in Regional and Resource Planning (Sustainability) and an MBA in International Business (Italy), has published articles on mindfulness and intuition and blogs regularly on leadership and learning.